

Healthy and Active Lifestyles Group (HALG) – Small Grants

Small grants are available as part of the King's Lynn and West Norfolk Health and Wellbeing Partnership, which aims to focus on healthy and active lifestyles to improve overall well-being within King's Lynn and West Norfolk.

Examples include;

- Setting up a new project or activity which will benefit the local area related to health lifestyles
- Expanding an existing project or activity that is related to healthy lifestyles (e.g. extend the participation or range of activities available).
- Purchasing equipment that enables a project or activity related to healthy lifestyles to go ahead to target those facing inequalities or remove barriers to participation.

To apply for the HALG small grants, the application form (Appendix A) should be completed and returned to the King's Lynn and West Norfolk Borough Council Lily Coordinator for processing, and logging on to the grant application register.

The Lily Coordinator will provide the small grants application to the Healthy and Active Lifestyles Group meeting, which is held every 4-7 weeks, for overview and any clarification. The Lily Coordinator will liaise with the requesting group for any further information or clarification.

The criteria in relation to grant allocation is that:

- The funding relates to encouraging residents to live healthy and active lifestyles
- Funds are not for individual purposes
- They are to support groups with a minimum of 3 individuals
- They expand or setup a new activity or project
- They benefit residents within King's Lynn and West Norfolk
- They are one-off with a clear exit strategies for the group beyond the end of the project/activity
- An organisation can apply for subsequent grants for different projects within their organisation
- The funding request cannot exceed £1500

Once the HALG small grant is approved, full payment will be made to the applicant via BACS payment. Bank details (that are under the group/project name) will be requested.

Following implementation of the funded activity, applicants are required to provide feedback to the Healthy and Active Lifestyles Group detailing how the grant was used, the outcomes achieved, and any learning or insights gained.

This may include supporting evidence such as short case studies, photographs of the activity, participant quotes, attendance figures, or other relevant monitoring information.



This feedback will support ongoing evaluation of the small grants programme and may be included in updates to the Health and Wellbeing Partnership.

If you require any support writing your application, please email the Active Norfolk West Norfolk Active Communities Officer, Becky Gillick becky.gillick@activenorfolk.org

Appendix A – HALG Small Grants application form

ABOUT YOU AND YOUR ORGANISATION	
Your name	
Organisation	
Address (including post code)	
Telephone	
Email	
Venue of the activity/project (including postcode)	
TELL US ABOUT YOUR PROJECT/REQUEST	
Describe your proposed project/activity. How does this relate to healthy and active lifestyles and what difference will your project make to reducing health inequalities?	
How have you identified this project/activity is needed?	
What outcomes are you aiming to achieve?	
How long will the project/activity last?	
How will the project/activity be sustained? Or what are the available exit routes for participants?	
How much are you applying for? What is the breakdown of your spend?	
Any other relevant information you would like the review panel to know	



Please email your application to asklily@west-norfolk.gov.uk or post to Lily Coordinator, BCKLWN, King's Court, Chapel Street, King's Lynn, PE30 1EX

If your project involves children or vulnerable adults you will need to ensure staff and volunteers have Disclosure Barring Service checks and you will need to sign a declaration. Visit www.gov.uk/disclosure-barring-service for more details.

Office use/date received	
Considered for HALG small grants by Lily Project Coordinator	
Considered by HALG committee	
Comments	
Authorised/not authorised	Yes/No Date: