Text transcript for Care and Repair Falls Prevention Services video

Timecode		Description of continu
From	То	Description of caption
00:05	00:19	The Handrails. They are easier for me, and they give you more confidence and if you've had as many falls as I've had, you know that that's a good thing to have confidence. You're not going to fall.
00:21	00:24	I mean, the council, I mean we wouldn't have half of what we got now.
00:25	00:41	Cliff had a bit of a tumble backwards down the stairs onto the tiles. So, we had a visit to the Queen Elizabeth Hospital. And some weeks later we got a letter through the post, and they introduced themselves and they said we can help.
00:42	00:50	They can't do enough for you. Well, I mean, they was the ones what suggested extra lights in the kitchen, the seat in the shower.
00:51	01:00	Right the way through. Workmen, clean and tidy. Friendly. So, it's simple, it's so simple. There's a lot they can offer you that nobody knows about.