

Main Hall			
Main Hall (Per 55 minutes)	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Peak times			
Badminton Court	9.45	9.45	9.45
Team Sports, Half Hall	37.80	37.80	37.80
Off-peak times			
Badminton Court	3.60	5.35	7.10
Team Sports, Half Hall	28.40	28.40	28.40
Special Needs / Identified groups (per person)			1.80
Indoor Cricket Nets (minimum playing time 1½ hours)			75.60

Squash			
Squash (Per 40 minutes)	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Peak times			
Squash, per court	5.35	5.35	7.10
Off-peak times			
Squash, per court	2.75	4.05	5.35

Indoor Bowls Hall			
Rink hire	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Bowls Roll Up, per person	2.40	2.90	2.90
2 hours casual hire, per person	2.40	3.55	4.75
2 hours casual hire, per junior	1.45	3.55	4.75
1 hour casual hire, per person	1.55	2.20	2.90
Advance Bookings (Special events, schools etc)			
2 hour Club hire per rink			8.85
Bowls Club Membership 2010/11 season - Adult			30.90
Bowls Club Membership 2010/11 season - Junior			Free
Bowls Lockers			7.10

Equipment Hire			
	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Adult session	Free	Free	4.65
Junior session	Free	Free	2.30
Deposit - Rackets, Bowls	Free	Free	5.00
Deposit - Football, Snooker	Free	Free	5.00
Deposit - Pool Cues	Free	Free	1.00

Shuttlecocks, squash & tennis balls are not available for hire



Bodyworks Fitness Studio			
Casual user rate	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Peak times			
Per person, Per hour	5.30	5.30	6.50
Off-peak times			
Per person, Per hour	3.30	5.30	6.50
Memberships (prices per month, on Lifestyles membership)			
Fitness			27.10
Fitness & Group Fitness or Swimming			32.50
Fitness, Swimming and Group Fitness			37.90

**Special discount rates available to**  
Over 60's • Corporate groups • Juniors • Students • Joint / Family

For more details contact a Bodyworks Customer Advisor at your local facility or email: [bodyworks@west-norfolk.gov.uk](mailto:bodyworks@west-norfolk.gov.uk)

Aerobic, Spinning and Exercise Classes			
	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Session	3.05	4.20	4.75
Yoga, per session	4.45	5.55	6.10

See separate leaflet, or website for class details

Sunbeds			
Session	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
3 minutes	1.70	1.70	1.70
6 minutes	3.40	3.40	3.40
9 minutes	5.10	5.10	5.10

Activity Sessions			
	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Women's Wednesday	2.70	3.40	4.20
Over 50's	2.20	2.90	3.60
Ladies Badminton	2.00	3.45	4.50
Soccer Skills	2.10	2.80	4.15
All Special Needs Sessions	1.80	1.80	1.80
Roller Skating - Junior	1.80	2.50	3.00
Roller Skating - Adult	2.60	3.30	3.80
Lynnsport Joggers	2.75	2.75	4.00
Junior Holiday Activity		See next brochure	

**Please note:** Every effort is made to ensure that holiday sport sessions run as advertised. Should any changes be necessary, as much notice will be given as possible.

## Cancellations

Cancellations or failure to attend a booked activity is subject to the Centre Regulations/Conditions of Hire, details of which are displayed in Reception.

## Advance bookings

Casual bookings are accepted in person or by telephone up to 7 days in advance, after 9am. Outdoor and Sports Barn hire fees must be paid in full at the time of booking. Customers without a leisure card must pay for activities within 48 hours of making a booking or it will be cancelled.

Applications for normal bookings in advance of the 7 day period must be made on an application form, giving a minimum of 3 weeks notice.

Applications for special events require an application form to be completed giving a minimum of 6 weeks notice. Special events are defined as an activity outside the normal programme.

Block bookings will be subject to a 17.5% booking fee on the net cost of the facility hire, this will attract VAT if the booking is not exempt. The booking fee will not apply to customers booking on behalf of an educational organisation.

Clubs and organisations may be entitled to a retrospective partial refund of the booking fee. Details on request.

## General information

Payment is accepted in cash, by cheque with a current guarantee card or by credit/debit card. All usage is subject to the Centre Regulations/Conditions of Hire, details of which are displayed in the Main Reception Area.

A leaflet containing general fees and charges for all Borough Council sports facilities is available from reception.

A consultation is required before a customer may use Bodyworks facilities and registration cards must be presented on each visit.

## Leisure Card

See separate leaflet for information and application.

## General Opening Times

Monday/Friday 8.30am - 10pm

Saturday/Sunday 8am - 9pm

Peak Times: Weekdays after 5pm and all day Sundays

## Bodyworks Opening Times

Monday/Friday 7.30am - 10pm

Saturday/Sunday 8am - 9pm

Peak Times: Weekdays after 5pm

For further details and programme information see the centre brochure or separate leaflets

**Customer Service / Bookings**

**01553 818001**

**Advance Bookings**

**01553 818013**

**Bodyworks Support Desk**

**01553 818019**

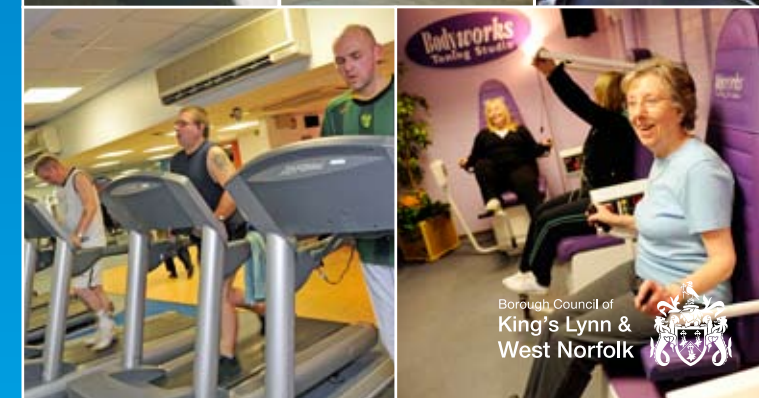
[www.west-norfolk.gov.uk](http://www.west-norfolk.gov.uk)

Lynnsport & Leisure Park,  
Greenpark Avenue, King's Lynn,  
Norfolk PE30 2NB



# Lynnsport Fees and Charges

2010/2011 Issue 1



Borough Council of  
King's Lynn &  
West Norfolk

Grass Pitches	
Grass Pitches	£
Football Pitch, including changing facilities	48.65
Junior Football Pitch, including changing facilities	12.15
Cricket Pitch, including changing facilities	48.65
Cricket Pitch, including changing facilities, and use of pavilion common room	62.30

*Advance Bookings Only, on a booking form, giving a minimum of 21 days notice*

Pavilion Common Room	
Pavilion Common Room	£
Room hire, per hour	13.65

## Pétanque Terrain

Pétanque	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Per person, per session	0.60	1.10	1.70

## Athletics Track

Athletics Track	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Casual Use (Daylight hours only)			
Adult, per session *	2.75	2.75	4.00
Junior, per session *	1.50	1.50	2.75
Off-peak general opening times (Daylight hours only)			
Adult, per session *	Free	2.75	4.00
Junior, per session *	Free	1.50	2.75
Facility Hire			
Club use, 2 hours			47.25
Athletics Meeting			
League			283.50
Evening Meetings			189.00
Schools			
Monday - Friday finish by 18.00			189.00
Saturday - Sunday			283.50

*\* Individual Athletics are for sessions requiring no set up.*

*When equipment is being used athletes must be accompanied by an appropriately qualified coach.*

## 3G Synthetic Pitch

3G Synthetic Pitch (per 55 minutes)	Third of pitch £	Full pitch £
Training - FA Charter Standard Club rate	15.00	45.00
Training - Non-FA Charter Standard Club rate	20.00	60.00
Training - Norfolk FA rate	15.00	45.00
Commercial rate / Private / Casual hire	25.00	75.00
Match play, Adult, 2 hours	N/A	50.00
Match play, Junior, 2 hours	N/A	35.00

## Sports Barn

Sports Barn (per 55 minutes)	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Peak times			
Half area, peak times	18.90	18.90	18.90
Whole area, peak times	37.80	37.80	37.80
Off-peak times			
Half area, Off-peak	14.20	14.20	14.20
Whole area, Off-peak	28.40	28.40	28.40
Netball Court			
Netball Court, peak times	18.90	18.90	18.90
Netball Court, Off-peak times	14.20	14.20	14.20

*When equipment is being used athletes must be accompanied by an appropriately qualified coach.*

### Tennis (Sports Barn)

Tennis (per 55 minutes)	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Peak times			
Tennis Court	9.45	9.45	9.45
Off-peak times			
Per Court	3.60	5.35	7.10

## Skate/BMX Park (The Shed)

Skate/BMX park	Concession Skatepark £	Skatepark member £	Non-skatepark member £
Junior	0.80	1.70	3.00
Adult	1.40	2.80	6.00
Junior weekly	3.30	6.50	N/A
Adult weekly	5.40	10.80	N/A
Membership Adult & Junior	5.20	10.40	12.45

*Children under 8 years old are not permitted to use these facilities*

## Table Tennis

Table Tennis	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Peak times			
Per table, per hour	6.60	6.60	6.60
Table tennis centre, per hour			26.40
Off-peak times			
Per table, per hour	2.50	3.70	4.95
Table tennis centre, per hour			19.80

## Carpet Bowls

Carpet Bowls	£
Per person, per session	1.90

### Spectator

Spectator	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Per person, per session	Free	Free	1.10
Juniors accompanied by a responsible adult are free			

## Snooker

Snooker	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Peak times			
Per person, per hour	1.45	1.80	2.40
Off-peak times			
Per person, per hour	1.25	1.45	2.20
Deposit for balls & cues	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Per session	Free	Free	5.00

*Under 18's must be accompanied by a responsible adult*

## Social Events

Prices, terms and conditions on application. Lynnsport based clubs (open membership) social event hire charges by negotiation - All enquiries to the Senior Leisure Manager.

## Charity Events

Facilities cannot be offered free of charge, however, there may be an opportunity for price negotiation on written request to the Senior Leisure Manager.

## Seminar, Conference and Special Events

	Sandringham Suite £	Wembley Room £	Wimbledon Room £
Per delegate	29.95	29.95	29.95

**Delegate Rate**

'Per delegate' includes refreshments, lunch, equipment and room hire.

Minimum numbers apply, menus available on request.

Room hire only	Sandringham Suite £	Wembley Room £	Wimbledon Room £
All day	250.00	185.00	145.00
Half day	150.00	N/A	N/A
Per hour	40.00 (min 2 hrs)	31.20	26.00

**Lynnsport based clubs**

Meeting room hire is free of charge. (Subject to availability and agreement.)

## Commercial use of Lynnsport

All enquiries to the Senior Leisure Manager, commercial rates may apply.

## Gymnastics

Gym Pit Fun Time	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Pre-school open session			
First Child	1.85	3.60	3.80
Additional Children (immediate family only)	1.40	1.80	1.90

Recreational Courses, 12 week term	Concession Leisure Card £	Leisure Card £	Non-Leisure Card £
Tumble Teds, 18 months - 2 years	26.80	48.40	51.10
Tumble Teds, 3-4 years	34.90	63.70	67.30
Fun Fit, 4½ years in full time education	34.90	63.70	67.30
BGA Grades, 8-1 From 5 years	34.90	63.70	67.30
Trampoline 3 - under 5 years	26.80	48.40	51.10
Trampoline 5 - 15 years	34.90	63.70	67.30

*Prices include certificates, badges & medals as appropriate*

Schools per hour, including coaches	£
Up to 30 children	81.00
Each additional 10 children, or part thereof	28.50

Nursery Schools, Playgrounds & Special Needs, per hour, including coaches	£
Up to 30 children	60.75
Each additional 10 children, or part thereof	28.50

*For programme and booking details see separate leaflet*

Hire of Gymnasium, per hour (not including coach)	£
Available for hire by appropriately qualified coaches only	37.80

## Dance Studio Hire

Dance Studio Hire	£
Peak times	
Room hire, per hour	28.35
Off-Peak times	
Room hire, per hour	21.30
Social Events (up to 6 hours)	
Room hire	115.00

Advance bookings only (suitable for aerobic/martial arts etc)

## Children's Birthday Parties

Various options available, see separate leaflet